

## ABSTRACT

This invention relates to a *Helicobacter pylori* adhesion inhibitor that is capable of eliminating *Helicobacter pylori* associated with the development of peptic ulcer from the stomach, a method for producing the same, and pharmaceutical compositions and foods for preventing or treating diseases associated with *Helicobacter pylori* comprising such *Helicobacter pylori* adhesion inhibitor. The inhibitor of the present invention has excellent activity of eradicating *Helicobacter pylori* and is highly safe. Accordingly, pharmaceutical compositions and foods comprising the same are highly useful for the prevention or treatment of the aforementioned diseases.